

Brick Township Board of Education District Policy Manual 1

Instructional Program

Series 6000

Physical Education & Health

Policy 6142.4

Date Adopted:

Date Revised:

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Date Reviewed:

The Board directs that the district's curricular and extracurricular programs of physical education (PE) and activities comply with the District's affirmative action resolution and comprehensive equity plan for school and classroom practices. The Board shall ensure that the comprehensive health and physical education curriculum addresses all elements required by the New Jersey Core Curriculum Content Standards, New Jersey Statute and Code and Federal Regulations.

In general, physical education classes shall not be divided on the basis of sex. The quality and quantity of teachers, equipment and facilities shall be equivalent among the schools and comparable from level to level, taking into account the needs of the pupils.

Option II – Satisfying Physical Education Graduation Requirements through Alternate Means

Option II provides students with the opportunity to meet the New Jersey Core Curriculum Content Standards in a setting other than the traditional classroom. Participation in a competitive, outside program such as swimming can be used as an alternative to a daily physical education class. In order to receive approval and credit for Physical Education under Option II:

- The student must be a Junior or Senior who has not received less than 70 in health or has not received a final grade less than 70 in physical education.
- Must be a member of an athletic team or outside organization that provides a minimum of 150 minutes of physical activity each week for all marking periods excluding health.
- Physical activity time must be completed over a minimum of three (3) separate days for students who attend a private gym.
- All students are responsible for participating in a minimum of 150 minutes of physical activity per week beginning the first day PE classes begin activity and ending the last full day of PE classes during the school year.
- The student must complete the PE Option II Application Form and return the form to the Principal for approval by the second week of the school year prior to the anticipated participation in Option II.
- The program must satisfy the Core Curriculum Content Standards (CCCS) for Health and Physical Education. The CCCS may be found on the NJ Department of Education website.
- The program must be taught/organized by a qualified professional/person.
- The program must be a full year and satisfy NJ State Statute 18A: 35-5, 7 and 8 which requires 150 minutes of participation in physical education weekly.

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- In case of injury, sickness or inability to participate in any physical activity, a doctor's note will be required and must be presented to both the school nurse and the Principal in order for the student to be excused.
- Parental notes for illness will not be accepted to excuse students from activity.
- The student will not be exempt from Drivers Education or Health.
- Students receiving approval for Option II PE will be placed in Study Hall or other suitable placement for the semester and Health/Driver's Education for the duration of that program.
- If a student fails a marking period of Health while participating in Option II, he/she may be removed from the program.

A student who is granted permission for Option II Physical Education will be required to:

- Maintain a log of hours to be submitted weekly to his/her assigned Physical Education Teacher.
- Both the student and his/her coach/advisor must sign the log.
- Complete and submit to his/her physical education teacher a weekly journal indicating both a specific Physical Education Standard and a Cumulative Progress Indicator (CPI) that is applicable to his/her activity; write a minimum of two paragraphs to support how and what he/she did to achieve proficiency in the CPI.

Students are responsible for meeting the minimum of 150 minutes per week requirement.

Any and all costs associated with participation in the Option II program shall be borne by the student/parent/guardian.

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Dating Violence

For students in grades 7 through 12, physical education and the health curriculum will include the topic of dating violence. “Dating violence” means a pattern of behavior where one person threatens to use, or actually uses physical, sexual, verbal, or emotional abuse to control a dating partner.

The dating violence education shall include information on the definition of dating violence, recognizing dating violence warning signs, and the characteristics of healthy relationships.

Upon written request to the school principal, a parent/guardian of a student less than 18 years of age shall be permitted within a reasonable period of time after the request is made, to examine the dating violence education program instruction materials developed by the school district.

The purpose of the dating violence information is to help prevent dating situations from becoming unsafe and to help educate young people on constructive ways to resolve conflicts in personal relationships.

To be consistent with P.L. 2011, c. 64, district policy procedures and curriculum will include notification and information that dating violence will not be tolerated. District procedures and the curriculum will provide dating violence reporting procedures, warning signs of dating violence and guidelines for responding to incidents of dating violence that occur at school, along with discipline procedures specific to such incidents of dating violence that occur at school. Information on safe, appropriate school, family, peer and community resources available to address dating violence shall also be included within the curriculum.

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Cardiopulmonary Resuscitation (CPR) & Automated External Defibrillator (AED)

The Board of Education shall provide instruction in cardiopulmonary resuscitation and the use of an automated external defibrillator to each student during high school (in grades 9, 10, 11 or 12). The instruction shall be provided to each student prior to graduation as part of the district's implementation of the Core Curriculum Content Standards in Comprehensive Health and Physical Education. The Board of Education may select a no-cost, non-certification instructional program to meet this requirement.

The instruction provided shall:

- Be modeled from an instructional program established by the American Heart Association, American Red Cross, or other nationally-recognized association with expertise in instruction in cardiopulmonary resuscitation and the use of an automated external defibrillator; and,
- Include a hands-on learning component for each participating student.

Legal References

- NJSA 18A:6-113 Instruction in suicide prevention in public school curriculum
18A:11-1 General Mandatory Powers and Duties
18A:35-4.19 through -4.22 AIDS Prevention Act of 1999
18A:35-4.23a Dating violence into health education curriculum
18A:35-5 through -9 Maintenance of physical training courses; features
18A:37-33 to 37 Dating violence policy and education
- NJAC 6A:7-1.7 Equality in school and classroom practices
6A:8-3.1 Curriculum and instruction
6A:8-5.1 Graduation requirements
6A:9-5.19 Athletics Personnel
6A:9-11.8 Health and physical education
6A:16-2.1 et seq. General Provisions for School Health Services
6A:32-9.1 General Provisions for School Health Services
- 20 U.S.C.A. 1681 et seq. - Title IX of the Education Amendments of 1972
The Comprehensive Equity Plan, New Jersey State Department of Education